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Calling out a rescue helicopter
Emergency no. 1414

Always call out Rega via the emergency number 1414 or the Rega app if you require immediate assistance by a rescue helicopter. For example, in the following cases:

Rough, inaccessible terrain	• Long journey for the rescue services • Access to/from the accident site is difficult or impossible
Swift, gentle transport to a central hospital is necessary	• Suspected back injuries • Suspected heart attack • Suspected stroke • Severe burns • Amputations
Medical assistance is required at the accident site	• Fall from a great height • Multiple casualties • Trapped persons • Seriously injured persons/Seriously ill children • Difficulty in breathing
Avalanche accidents	

**Checklist for calling out a rescue helicopter:
Emergency number 1414 or Rega app**

Where has the accident occurred?	• Coordinates, e.g. GPS receiver, mobile phone • Canton, place, locality • Prominent landmarks nearby (mountains, buildings, streets, lakes, rivers, etc.)
Who can be contacted at accident site, how?	• Name and phone number for return call
What exactly happened?	• How did the accident happen? • What did you see?
How many people are involved? Injuries?	• Number of casualties • Nature of their injuries
What is the situation at the accident site?	• Is it possible to land a helicopter? • Obstacles, e.g. cables, power lines, antennae?
Local weather conditions?	• Visibility? Rain? Wind?

Signals to the rescue helicopter:

We need help!   **We do not need help!**

Landing site for the rescue helicopter:
• Size: 25 x 25 metres, free of obstacles (no cables, power lines, etc.)
• Approximately 100 metres away from the accident site
• Remove any loose objects lying around (clothes, rucksacks, umbrellas, etc.)
• When the helicopter is approaching, remain where you are, kneel down
• Maintain eye contact with the pilot
• Do not approach the helicopter until the rotor has come to a standstill

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